



SHINKI NEWS

NO. 5

神氣



SHINKI NEWS

Contents

Shinki News No. 5 / September 2016

Page 04 / **Soke's Remarks** (M. D. Nakajima)

Page 06 / **Shinki Rengo Presentation at the State
Garden Show in Öhringen** (Michael Dieterle)

Page 08 / **From the Way, to the Teaching /
Seminar in Weimar** (Claudia Buder)

Page 10 / **Promotions** (26 May – 07 August 2016)

Page 13 / **Seminars** (2016/2017)

Page 15 / **Imprint**





Soke's Remarks

Text: Michael Daishiro Nakajima

In the last newsletter I wrote: „There are enough wars and conflicts in our society. Who really strives for peace and unity? „An external force, IS, has now gotten closer. It was expected, for some time, that terrorists would not spare Germany. And this is now a reality. Even now, not only are major cities targeted, we have moved closer to terror. Würzburg, for me, is in a sense „around the corner.“ We do our main shopping there and, as a lovely city, I take many Japanese guests there. In recent times, I often go to the university library and sit in the reading room for hours, amongst many young students. Although I do not go by the regional train to and from Würzburg (where the attack took place), sometimes it occurs to me: „What can one do if a terrorist enters the library hall with terrorist intent? There is no access control at the entrance. If there is a gun, there is nothing you can do as a student to escape. If someone attacks with a knife, perhaps you can save a few young people.“

When I think to myself, many Samurai have lived in a more dangerous environment. It resulted in a more intensive Budo practice and vigilance. That meant that surely they were not nervous, scared, or of violent character. On the other hand, they were not allowed to be careless and overly carefree. Thus, they probably tried to always be prepared for death in order to remain calm, but at same time they were vigilant in order to not only protect themselves, but to assist those who needed help. Perhaps now we are approaching such an „exciting“ time and situation. The time in which, in our peaceful and pampered life, we are forced to deal with death; although, in view of our short life, this should always be the case. Let us, therefore, be vigilant. This fits very well with Budo practice.

Remarks

The next Bokuto order must reach me by 30 September 2016 at the latest. This order is intended as a „service“ for our members. Therefore, those who would like to order should first enter Shinkiryu - regardless that the rule states that the entry must be made one year before the Shoden exam at the latest.

Shinki Rengo Presentation during the State Garden Show in Öhringen

Michael Dieterle, Bernd Hubl and Matthias Böttcher / 11 June 2016

Text/Pictures: Michael Dieterle



Location: Öhringen

A State Garden Show is, now, far more than a mere event for application and development of the regional landscape. Rather, it is a representation of the entire area with its culture and people. Our club (TSV Waldbach) had, therefore, on June 11, the opportunity to present itself and its departments. In addition to our Judo and Keysi Section, we also had the opportunity to introduce ourselves.

Unfortunately, the conflicting schedule prevented our two instructors from attending. So the event was already regarded as not feasible. In order to react and still attend the event, I asked neighboring dojo instructors whether they wanted to represent not only our dojo in Waldbach, but represent us under the “Banner” of the Shinki Rengo Association. Two dojo instructors contacted me.



On Saturday afternoon we were able to provide a demonstration with 10 Aikidoka outdoors, in the sunshine. After a short warm-up, Bernd Hubl and Heike Fischer gave the interested public an insight into Shinki Toho with a display of the first 11 forms of the Kumidachi. Under the supervision of Bernd and Petra Hubl and Matthias Böttcher, different techniques and explanations to the basic principles of Aikido were shown. The day ended with an Aikitaiso breathing exercise that included audience participation.

I am pleased to report on how well the cooperation between different dojo's can work. My special thanks go to the dedicated groups and instructors from Wiesbaden and Pforzheim.



Text & Pictures: Michael Dieterle

From the Way, to the Teaching/ Seminar in Weimar

Nakajima Shihan / 18 & 19 June 2016

Text: Claudia Buder / Pictures: Thilo Romeyke



Location: Weimar

Between Not-knowing (Emptiness, Leere) and knowing (the Teaching, Lehre) lies knowledge, said a medical assistant. The sentence excited me. Seminars facilitate knowledge in a richly filled void.

The transition to insight is initiated by the teacher, the teacher determines the act of teaching. The realization is determined by the learner. Isn't it a sign? The word seminar combines both linear directions to one point. (German: Lehrgang = Lehre & Gang, meaning teaching and going through in one word). On one side, Gang: the way to go, the joining, the getting started, the being on the way. On the other side, Lehre: the giving, the connecting, the turning into, the teaching. Sensei Nakajima comes to Weimar. Each course is like a piece of a mosaic. A portion of a large image. An insight to life.

Trinity or Uniqueness?

Goethe was in Weimar when he said: Think about WHAT, but more, think about HOW. Well, how do we interpret this now, the disciplines of Shinki Rengo? They may not be the 36 chambers of Shaolin, but at least enough to divide time quite well. What are we going to practice and at what time? Variety or uniqueness? Many techniques? Just one style? The aim is to grow beyond the RIGHT and the WRONG during the exercise.

Gratitude

Will there be enough time? Will there be enough students to attend? Will there be enough liquid refreshments? Like Tai Sabaki the questions spin. Thus? Thus! Practice!! Dedicated practice. Again and again. Despite all the hurdles. With all the hurdles. And then suddenly one point amid all of the questions. Thousand and one Sabaki. At least. Ha!! Hai - I've got it! ??? Who finds who?! The perspective decides and gratitude shows how valuable each person is that we encounter at each seminar. You have begun the Way. And Sensei is there for us.

DOMO ARIGATOU!!



Text: Claudia Buder



Pictures: Thilo Romeyke

Promotions

26 May – 07 August 2016

Aikido

10. Kyu	Nissen, Denis	Wi-Sonnenberg	4. Kyu	Habicht, Susann	Dresden
10. Kyu	Nissen, Tim	Wi-Sonnenberg	4. Kyu	Briegel, Steffen	Weiler
10. Kyu	Scherhorn, Moritz	Wi-Sonnenberg	4. Kyu	Sanselzon, Felix	Berlin
10. Kyu	Schuhmacher, Lovis Béla	Wi-Sonnenberg	4. Kyu	Maier, Stephanie	Ulm-Schmidt
10. Kyu	Wielgus, Stella	Wi-Sonnenberg			
10. Kyu	Hamm, Helena	Weiler	3. Kyu	Lenninghaus, Lena	Edingen
10. Kyu	Zebandt, Manuel	Weiler	3. Kyu	Maier, Alexander	Oberkessach
10. Kyu	Tiebel, Paul	Wi-Sonnenberg	3. Kyu	Jakob, Jeremias	Heidelberg
10. Kyu	Sutton, David	Weiler			
10. Kyu	Hagspiel, Elias	Weiler	2. Kyu	Mann, Georg	Ulm-Jablonski
10. Kyu	Krenzer, Janik	Wi-Sonnenberg	2. Kyu	Kranich, Soeke	Berlin
10. Kyu	Pfeiffer, Gian-Luca	Wi-Sonnenberg	2. Kyu	Weigel, Friedrich	Berlin
9. Kyu	Rabitz, Lenny	Wi-Sonnenberg	1. Kyu	Korf-Krumrey, Carmen	Berlin
9. Kyu	Renn, Elias	Weiler	1. Kyu	Jung, Bernd	Dresden
7. Kyu	Scheffler, Luke	Wi-Sonnenberg	1. Dan	Kasseckert, Jo	Oberkessach
5. Kyu	Zebandt, Sandra	Weiler			
5. Kyu	Gascon, Carolina	München			
5. Kyu	Boger, Heinz	Bartholomä			
5. Kyu	Weinhold, Steffen	Bartholomä			

Daitoryu Aiki Jujutsu

5. Kyu	Dehne, Frank	Lahnstein
5. Kyu	Holtz, Alexander	Lahnstein
5. Kyu	Habicht, Susann	Dresden
4. Kyu	Heuser, Dag	Lahnstein
4. Kyu	Reimnitz, René	Düsseldorf
4. Kyu	Czarnetzki, Frank	Wuppertal
4. Kyu	Felber, Wolfgang	Ilmenau
3. Kyu	Domann, Roland	Düsseldorf
1. Kyu	Dettmer, Ulf	Düsseldorf
1. Kyu	Mehl, Sebastian	Dresden

1. Dan	Brosi, Laura	Edingen
2. Dan	Tödt, Holger	Köln
3. Dan	Saager, Peter	Berlin
Okugi 3 Dan	Trzaski, Marius	Lahnstein

Seminars

2016/2017

Seminars with M. D. Nakajima

24.09.2016	Heidelberg
08. – 09. 10. 2016	Euskirchen
29. – 30. 10. 2016	Berlin Tomosei (a new date for the Doshu-course)
12. – 13. 11. 2016	Dresden
19. – 20. 11. 2016	Leopoldshafen
04.-05. 02. 17	Waldbach / Aikido Dan (from 1st Kyu)
25.-26. 03. 17	Landau / Daitoryu
29.-30. 04. 17	Königheim (Club's 20th Anniversary, Helmut Theobald)
06.-07. 05. 17	Cottbus
27.-28. 05. 17	Edingen
17.-18. 06. 17	Oldenswort
01.-02. 07. 17	München / Aikido/Daitoryu
01.-06. 08. 17	Weiler / Sommerlehrgang (dates subject to change)
16. 09. 17	Heidelberg / Aikido/Daitoryu
30.09.-01.10. 17	München / Itto-den Shinki Toho
21.-22. 10. 17	Berlin
11.-12. 11. 17	Dresden
18.-19. 11. 17	Ulm
30.12.17 - 01.01.18	Oberkessach (Turn of the Year)

Other Seminars

17.09.2016	Edingen, Danijel Rolli, Daitoryu
17. – 18. 09. 2016	Leipzig, Claudia Buder
01. – 02. 10. 2016	München, Helmut Theobald, Itto-den Shinki Toho
02. – 03. 10. 2016	Pforzheim, Peter Saager
15. 10. 2016	Edingen, Danijel Rolli, Aikido
21. – 23. 10. 2016	Heidelberg, Sakabe Sensei
22. – 23. 10. 2016	Brüssel, Doshu
04. – 10. 12. 2016	Fuerteventura, Bernd und Petra Hubl
12. 11. 2016	Edingen, Danijel Rolli, Daitoryu
10. 12. 2016	Edingen, Danijel Rolli, Aikido

Arigato gozaimasu

Preview of Shinki News No. 6

The next edition of Shinki News will be published in December 2016.

If you want to write a review, please write to us in advance at shinki.news@gmail.com and please ensure that we can discuss the specifics with you.

The Shinki News Team wishes you a beautiful late summer and fall and a lot of perseverance during training.

Shinki-News Team

Imprint

Copyright 2016 Aikido Shinki Rengo

Realization: Lukas Underwood and Jann-Volquard Hansen

Editing: Monika Popp

English translation: Rick Soriano and Alex Frederiksen

Layout and Design: Jann-Volquard Hansen

The opinions shown are not necessarily that of the editors of Shinki News. The authors are personally responsible for the content of their posts.

All images may be used by Shinki News with the consent of the authors and only for this publication. The copyrights for the images belong to the photographers. All persons depicted gave their prior consent.



Lukas Underwood



Monika Popp



Rick Soriano



Alex Frederiksen



Jann-Volquard Hansen