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The Corona epidemic, the Russian invasion of Ukraine, and, now, this earthquake disaster in Turkey and Syria, our world is in turmoil. Isn't it high time we woke up? "The fat years are over," one could say, based on the title of a movie. These negative phenomena are actually not entirely new, even if we only consider the period after the Second World War. The ever-increasing gap between poverty and wealth alone already reveals how sick our "human" or supposed to be human society is. But the poor also want to live where many people are better off. Now we cannot cope with the big refugee problem, especially since the wars caused by selfishness and material greed are causing even more refugees to leave their homes. In addition, there is the turmoil on earth, which, not least together with the consequences of people's profit-seeking sloppiness, causes a huge disaster. If we add the climate crisis to this, we could get the impression that we are in a situation like a person who lives unhealthily for years, excessively drinks alcohol, and thus ruins his body. At some point it will be too late, even if he radically changes this way of life.

Some people claim that this limit has already been exceeded for our earth. So, it's too late. I don't know, but I wouldn't be surprised if it is. Can we at least save the soul to compare the matter with the man who has lived unhealthily? The first step in that direction would be clear regret. In order to be able to repent, we must not take our eyes off the bad past. We have to look it in the eyes. However, this does not mean despair but the humble death into the abyss. And if our source is love, he will take us in his arms. If not, then we're lost and we don't deserve better. In any case, we should say goodbye to the naively heroic dream of glorious victory. If we are allowed to win thanks to the loving basis, then with many wounds and scratches - and deep gratitude. And if we have practiced Budo seriously for years, we should have acquired this quality. Because through the outer martial arts we actually learn the inner martial arts and the true fighting spirit, which also goes beyond defeat.

I wish you a contemplative Lent and a happy celebration of the resurrection!

Remarks

Social Fund

A niece of Namika lost her one-year-old baby in the earthquake in Aleppo. The house where the family lived was destroyed, and a falling rock hit the baby's head. Namika considered bringing the family of five (the niece, her husband, and their 3 other children) here on short notice. But this special regulation of the German government only applies to Turkish citizens. The reason is that Germany has no official diplomatic relations with the Assad government. There is no German embassy in Syria.

Since we found out that they only get a little bit of rice and sugar, we thought about sending money to her niece, like Yukié, so that she can buy something. But far and wide there should be no business or shop through which the money could be transported. Because everything around is destroyed. Namika's next consideration was to have this family, like her nephew G., move to Egypt. But as described in the last letter, a passport costs \$400 and a visa \$1200. 5 times that would be \$8000. Unfortunately we cannot afford that. So we are at a loss at the moment.

Graduation Fee

After 20 years, I am changing the fee for kyu grades (5th-1st kyu) from $\[\in \] 25$ because our expenses are increasing. As before, trainers who are authorized to conduct tests will receive half of the $\[\in \] 25$ Kyu examination fee, i.e., $\[\in \] 12.50$, even if they delegate the testing. This rule applies to both Aikido and Daitoryu grades. Regarding the latter, there will also be an increase from 8th Dan upwards. The separate Shihan fee will be canceled. The Fee Schedule on our website will change effective July 1, 2023.

Aikido

9th Kyu		Rheinbreitbach
6th Kyu 6th Kyu	Buhr, Niklas Althaus, Johannes Nikolaj	Rheinbreitbach Rheinbreitbach
5th Kyu 5th Kyu 5th Kyu	Villis, Carlos Wielgus, Stella Bittner, Nike	SG KIT Wi-Sonnenberg Wi-Sonnenberg
4th Kyu	Marculescu, Gabriel-Florin	Sibiu
3rd Kyu 3rd Kyu 3rd Kyu 3rd Kyu 3rd Kyu 3rd Kyu	Dimulete, Lacramioara Mutiu, Ciprian Ilie Imberti, Simona Boger, Heinz Pasberg, Gunnar Preiskorn, Ian	Sibiu Sibiu Bartholomä Bartholomä Bad Segeberg Bad Segeberg
2nd Kyu	Dumitrescu, Luigi	Sibiu
1st Kyu 1st Kyu 1st Kyu	Roessler, Jens Pötig, Matthias Thies, Enrico	Oberkessach Cottbus Dresden
1st Dan	Mann, Georg	Ulm
2nd Dan	Winge, Dorothea	Weimar
5th Dan 5th Dan	Vogel, Scott Krabel, Markus	Mt. Pleasant HD Umlauf

Daitoryu

5th Kyu	Dumitrescu, Luigi	Sibiu
4th Kyu	Wichmann, Arian	Weimar
4th Kyu	Byczuk, Raimund	Lahnstein
4th Kyu	Schmitz, Michael	Lahnstein
4th Kyu		Linz
3rd Kyu	Pötig, Matthias	Cottbus

Shinki Toho

Menkyo Kaiden Theobald, Helmut Oberkessach

Seminars 2023

Sat, 25 – Sun, 26 March	Edingen: Aikido Dan Seminar
	with M. D. Nakajima Shihan and the members of the Examination Committee
Sat, 22 – Sun, 23 April	Coburg: Ittoden Shinki Toho Seminar
	with M. D. Nakajima Hoshu
Sat, 6 May	Leopoldshafen: Shinki-Toho Seminar
	with Marius Trzaski
Sat, 13 – Sun, 14 May	Schöntal-Oberkessach: 12. Aikido-Youth-Seminar
	with Michael Danner
Sat, 20 – Sun, 21 May	München: Aikido/Daitoryu Seminar
	with M. D. Nakajima Shihan
Sat 17. – Sun, 18 June	Siebeldingen (Landau): Daitoryu Aiki Jujutsu Bokuyokan
	with M. D. Nakajima Shihan
Fre, 23 – Sun, 25 June	Muroran Honbu, Hokkaido/Japan,: Daitoryu Aiki Jujutsu Seminar
	with M. D. Nakajima, Bokuyokan Shihan
Mon, 24 – Sat, 29 July	Oldenswort: Eiderstedter Aiki-Budo Summer Seminar
	with Duncan Underwood
Thu, 17 – Sun, 20 August	Königheim bei Tauberbischofsheim: Little Summer Seminar
	with M. D. Nakajima Soke
Sat, 2 – Sun, 3 September	Schkeuditz: Aiki Budo Seminar
	with Claudia Buder and Henry Kyerim Kowallik
Sat, 16 – Sun, 17 September	Leopoldshafen: Aiki Budo Seminar
	with M. D. Nakajima Soke
Sat, 14 – Sun, 15 October	Königheim bei Tauberbischofsheim: Shinki Toho Seminar
	with M. D. Nakajima, Hoshu assisted by H. Theobald, Menkyo Kaiden

Arigato gozaimasu

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The next edition of Shinki News will be published in June 2023.

If you would like to contribute to Shinki News, please submit your contribution(s) to: shinkinews@shinkiryu.de and we will contact you to discuss the formalities.

Have a nice spring time full of Ki! Shinki News Team.

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