




2025 International Shinki Rengo Aikido Dan Seminar

With members of the Aikido Shinki Rengo Examination Committee,
D. Underwood, and M. D. Nakajima Shihan



Schedule and Registration

Saturday 15 March 2025		Location: PSV-Heidelberg Aikido Dojo Elsa-Brandströmstr. 8 69126 Heidelberg, Germany
09:30 – 10:00	Meditation	
10:15 – 12:15	Aikido (Underwood Sensei + 2 Exam Committee Members)	
12:15 – 15:30	Afternoon Break / Shinki-Vote 2025 (Ballot box closes at 2 pm) Lunch Lite – Bread, veggies, and fruit (5 EUR)	
13:00 – 15:00	Joint conference of the Trainer and Exam Committees (open practice is possible for those not participating)	
15:30 – 17:30	Aikido (2 Exam Committee Members + Nakajima Shihan)	
17:45 – 18:30	Examination is possible (register in advance)	
19:00 – 21:30	Dinner	
Sunday 16 March 2025		
09:30 – 10:00	Meditation	
10:00 – 12:00	Aikido (Nakajima Shihan)	

Online registration is required

<https://widgets.volawo.de/w/67784793275b58265a927353>

	Adult	Student
Entire Seminar (3 Training sessions)	60 €	40 €
2 Training sessions	50 €	30 €
1 Training sessions	25 €	15 €



Please bring your meditation cushion/stool, Bokken with Tsuba, Jo, and Tanto. Overnight accommodation in the Dojo is available (register online). Limited to 1. Kyu and above (All PSV Heidelberg e.V. Kyu members can also participate).

Welcome to Heidelberg and our Aikido Dojo ...