





Contents

Shinki News No. 35 / March 2024

Page 03 / Soke's Word (M. D. Nakajima)

 $Page~07~/~Promotions~({\tt December}~9,2023-{\tt March}~4,2024)$

Page 09 / Seminars (2024)

Page 11 / Imprint



ear Shinkiryu members, dear friends,

Nature and humans: how do they relate to each other? What can be said for sure is that this is a very dysfunctional relationship. As Aikido learners, we know that O-Sensei not only taught martial arts, but also cultivated a deep religiosity and a fervent belief in God. The connection to all of nature was very important to him. It is therefore our job to think about it.

We humans disturb and impair nature, our environment in which we live and from which we came. This is obviously because we not only belong to nature, but are also persons with freedom. While nature acts "according to nature," we act in freedom, and we can abuse that. And the consequences of this abuse affect not only people themselves, but also nature. Nature resists this human abuse, but we cannot deny that it is "suffering." That is why Paul also says: "For the creation waits longingly for the revelation of the sons of God." Certainly, the creation is subjected to futility, not of its own will, but through hope through him who subjected it: for it also, Creation should be freed from the bondage of transience for the freedom and glory of the children of God. For we know that all creation is groaning and in labor pains to this day." (Romans 8:19-22)

What is striking here is the mental parallel between O-Sensei and Paul. They both refer to man's relationship to nature and to God. With his person, man relates to both nature and God. Also, what is "person?" This becomes clear when we contrast it with the term "non-person." I have already mentioned the quality of "freedom." With this freedom comes responsibility. We do not require responsibility from inorganic objects or from plants or animals. Because they lack the ability to be responsible, i.e., freedom.

Because of the great abuse of freedom and also a certain disorientation, some people tend to underestimate the human person compared to the great nature. In my opinion this is a mistake. Because nature does not have this crucial ability of freedom and responsibility. But since man is so distinguished by his ability to be free, his responsibility is enormous. That is why our offenses against it are so serious. We are not only flawed, but sinful, to put it bluntly in religious language.

But we feel a certain powerlessness in the face of offenses - both our own and those committed by others - against which we feel powerless. Yes, we are weak if we are honest. And this is where the experiences of people who have gone into depth and talk about something very big that sustains us come into play. It is precisely here that the ideal of mu, of letting go of the little self, applies. The softness emphasized by all Budo masters is a combat-technical echo of the great world law, which not only contains inorganic, plant, and animal beings, but also the personal ones. This world law cannot actually be less than the human person, but it exceeds this immeasurably.

Viewed in this way, the biblical statement about the resurrection could also take on a different sound. It is the message of hope in the midst of hopelessness.

Susanne and I wish you a peaceful Holy Week and a life-filled Easter!

Remarks

Bokuto

There are still 3 Bokutos (as of February 17, 2024). However, we can no longer offer a leather tsuba as we cannot find anything suitable. An O-dachi (long bokuto) with a plastic tsuba and branding costs €90 for this delivery, and without a tsuba only with stamps costs €75. In this case, you have to make sure you have a stable tsuba yourself.

DVD

We still have DVDs from Aikido and Daitoryu, but hardly any from Shinki Toho anymore. In the future we will also offer online versions because the DVD medium is becoming less and less popular and most new computers can no longer play the videos.

The exam videos are available for purchase either individually or as a package:

- Aikido -Kyu (5th - 1st Kyu), Download:	25 Euro
- Aikido -Dan (1st Dan - 4th Dan), Download:	25 Euro
- or both together:	40 Euro
- Aikido DVD (5th Kyu - 3rd Dan), physical:	30 Euro
- Daitoryu -Kyu (5th - 1st Kyu), Download:	25 Euro
- Daitoryu -Dan (1st Dan - Okugi 3rd Dan), Download:	25 Euro
- or both together:	40 Euro
- Daitoryu DVD (5th Kyu - Okugi 3rd Dan), physical:	35 Euro

- Shinki-Toho Suburi/Kamae/Shoden, Download: 20 Euro (all Shinkiryu members are eligible to purchase)

Shinki-Toho Chuden, Download:
Shinki-Toho Okuden, Download:
Shinki-Toho Jun-Menkyo, Download:
Euro (eligible to purchase with Chuden)
Euro (eligible to purchase with Okuden)

- Shinki-Toho bis Chuden, physisch: 30 Euro (all Shinkiryu members are eligible to purchase. Only a few copies left.)

The end:

- Members write to nakajima.shinki@gmail.com and pay to our Dojo account first: Susanne Nakajima, IBAN: DE89 6746 1733 0010 1581 09
- If someone requests a "download", Michael Dieterle will be informed who he can send the video to.
- Michael then will send a download link via email. Please download the videos and then save them locally, as the download will not be available forever.

We do not make videos for the Hon-Menkyo and Menkyo-Kaiden techniques. One must learn directly from Hoshu or Menkyo-Kaiden.

The Central Dojo

We recently replaced 12 mats. They cost around €1,750. I am pleased that we have this dojo thanks to the support of all Shinki members, where I can still try out the refinement of the techniques today.

Unfortunately, there was, again, water damage in the basement, this time due to the defective old boiler, which has since been replaced, including everything, at a cost of around €3,000. We had to bear these costs ourselves. The insurance does cover other damage (wet walls and damaged doors) and electricity costs for the building dryer, but what percentage that will be is still unclear.

Many dojo members worked very diligently to clean up and dry things out. This participation was simply wonderful!

Social Fund

Namika is here, fighting as always to move forward. She is preparing for the exam as a nursing assistant and for the German B1 exam. But writing is a problem for her, even though she receives several hours of tutoring from Susanne per week. She is also trying to get her driver's license.

G, her nephew in Egypt, continues to fight to live, but the trauma of being held in prison in Syria for several years, with torture and without charges, still weighs heavily on him. He keeps waking up at night with nightmares.

Yukié was at least able to be released from the hospital. But her 25-year-old daughter has now developed a similar stomach problem and was therefore examined with a gastroscopy and a detailed blood test. That initially cost €125. We were able to take that over from the fund.

Namika and Yukié's eldest sister's knee problem is even more problematic. When Namika talks to her on the phone, she crouches on the floor and cries in pain. She almost can't walk at all. As already reported, she has been receiving medication for this for some time now thanks to our monthly support of €50, which has to be obtained from Lebanon because it is not available locally. But it cannot cure the problem. This would only be possible with knee prosthetics. With the operation and subsequent rehabilitation, as well as the aids during recovery, we come to a cost estimate of around €5,000. The fund includes, for example: Z. 1576.71 € available. But this must be used to finance the monthly support of €250 for Yukié's family. At the moment we are thinking about how or whether we can help Namika's eldest sister, but that is a very big chunk and somewhat beyond our capabilities.

Maybe some people here are wondering whether they are all actually sick and why?

If you know the endless psychological suffering of these people and the poor housing and living conditions, you are no longer very surprised. Apart from the fact that someone with a rheumatic predisposition lives in a cold basement apartment (but at least that!), a really healthy diet is hardly available or affordable, and everyone involved suffered a lot of losses during the war (death or serious injury to close relatives, Fear of arbitrary arrest and torture, fear of being kidnapped on the street - especially fear for the children), then this is no longer so surprising. At the moment the world is not looking at Syria because there is so much burning in Ukraine and Gaza. But Syria is a failed state with an authoritarian government, things are simply not getting better there (unless you are one of the regime's rich favorites). That's the situation - it's desperate.

Promotions

December 9, 2023 – March 4, 2024

Aikido

Turnverein Wössinge
Turnverein Wössinge
Leopoldshafen-JG
Leopoldshafen-JG
Turnverein Wössinge
Turnverein Wössinge
Turnverein Wössinge
na Walzbachtal
Walzbachtal
Walzbachtal
Walzbachtal
Coburg
Lahnstein
her Weimar
Ulm-Jablonski
Coburg
Bad Segeberg
HD Umlauf
Mtth Pleasant
Heidelberg
Heidelberg
HD-Umlauf
Leopoldshafen
Düsseldorf

Daitoryu

2nd Dan Erberich, Michael	EZ Osnabrück
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3rd Dan	Dettmer, Ulf	Düsseldo

Seminars 2024

Sat, 20 – Sun, 21 April	Munich: Shinki Toho Seminar
5 + 20 A - II	with M. D. Nakajima Hoshu
Sat, 20 April	Leopoldshafen: Aikido-Seminar
	with Enzio Ermarth
Sat, 4 – Sun, 12 May	Donauschlinge: Akidolehrgang
	with Petra and Bernd Hubl
Sat, 4 – Sun, 5 May	Oldenswort: Aiki Budo Seminar
	with M. D. Nakajima Soke
Sat, 25 – Sun, 26 May	Coburg: Daitoryu Seminar
	with Michael Daishiro Nakajima
Sat, 8 – Sun, 9 June	Weimar: Aiki Budo Seminar
	with Duncan Underwood
Sat, 22 – Sun, 23 June	Schöntal-Oberkessach: Aikido-Youth-Seminar
	with Michael Danner
Sat, 29 – Sun, 30 June	München: Aikido/Daitoryu Seminar
	with M. D. Nakajima Shihan
Mon, 22 – Sat, 27 July	Oldenswort: Eiderstedter Aiki-Budo Summer Seminar
	with Duncan Underwood
Mon, 26 – Fre, 30 August	Rovinj/Kroatien: Shinkiryu Aiki Budo Sommer Seminar
	with M. D. Nakajima Soke
Sat, 21 – Sun, 22 September	Königheim: Itto-den Shinki Toho Seminar
	with M. D. Nakajima Hoshu and Helmut Theobald Menkyokaiden
Thu, 3 October	Pforzheim: Shinkiryu Aiki Budo Seminar
	with M. D. Nakajima Soke
Sat, 19 – Sun, 20 October	Weimar: Daitoryu Seminar
	with Michael Daishiro Nakajima Sōke
Sat, 2 – Sun, 3 November	Edingen: Shinkiryu Aikido/Daitoryu Seminar
	with M. D. Nakaima Soke
Sat, 23 – Sun, 24 November	Bartholomä: Shinkiryu Aiki Budo Seminar
	with M. D. Nakajima Soke
Tue, 31 December 2024 – Wed, 1 January 2025	Schöntal-Oberkessach: Jahreswende Seminar
	with M. D. Nakajima Shihan
Thu, 5 – Sat, 7 June 2025	in and around Muroran: Bokuyokan Honbu 50-jähriges Jubiläum
	Seminar and Feierlichkeit

Arigato gozaimasu

Preview Shinki News No. 36

The next edition of Shinki News will be published in June 2024.

If you would like to contribute to Shinki News, please submit your contribution(s) to: shinkinews@shinkiryu.de and we will contact you to discuss the formalities.

Have a nice spring time full of Ki! Shinki News Team.

Imprint

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