

## Daitoryu Aiki Jujutsu Bokuyokan Europa

### Prüfungsprogramm für Dan-Grade: 01. April 2008

#### Namen der Dan-Techniken

Grad	1. Dan	2. Dan	3. Dan	Okugi 3. Dan
<b>Tachiai (Mae-Seme; Torite)</b>				
Uchi-te-dori (Katate-dori diagonal)	- Hiji-gime-Ipponzeoi	- Kuguri-Jûji-nage		
Soto-te-dori (Katate-dori gerade)	- Shihô-otoshi - Hiji-gime-Ipponzeoi	- Kote-gaeshi - Okuridashi	- Tekubi-gime-otoshi - Shihô-kakae-nage	- Tekubi-gime-nage
Katate-Muna-dori	- Hiji-gaeshi	- Ushiro-Ude-gime-Kubi-jime		
Katate-Kata-dori	- Hako-gime	- Kata-Yari		
Ryôte-Katate-dori (Morote-dori)	- Aiki-nage (mae)	- Hiji-gime-nage	- Kataire-guruma	- Kubi-kakae-nage - Ude-kakae-nage
Ryôte-dori	- Tekubi-gime-nage - Muna-juji-nage	- Tekô-awase - Kime-modoshi	- Tsubasa-gaeshi - Hiza-aiki-nage	- Ryô-nikajô-Tomoe-nage
Ryôte-Muna-dori / Ryô-eri-jime	- Koshi-guruma - Tekubi-gime-Yoko-nage	- Seori - Yobi-modoshi	- Yoko-domoe - Kaji-mawashi	- Ryôude-Shibori-kime-nage
Ryôte-Ryôkata-dori	- Mune-juji-nage	- Kata-aiki-nage		
Mune-Ude-dori				
<b>Tachiai (Mae-Seme; Uchite)</b>				
Shômen-Uchi	- Hiza-ori	- Hiji-gime-Ipponzeoi	- Tekubi-gime-Oguruma	- Maki-otoshi
Kata-dori-Shômen-uchi	- Kesa-gake	- Kesa-gime		

Muna-dori-Shômen-uchi		- Karami-nage		- O-guruma
Yokomen-Uchi	- Kaeshi-koshi-nage - Ude-kakae-nage	- Hiji-gime-Ipponzeoi	- Hiji-garami-Yokodomoe - Koshi-guruma	- Hiji-gime-otoshi - Kata-guruma
Tsuki	- Kata-otoshi (jodan-tsuki) - Waki-basami-Kata-otoshi	- Tekubi-gime-otoshi - Kakae-otoshi	- Ude-gatame - Ude-gatame-nage	- Karami-Hiji-gatame-nage - Hiji-gime-nage
<b>Tachiai (Mae-Seme; Keri = Tritt)</b>				
Mae-geri	- Kakae-nage	- Ashi-gatame		
<b>Tachiai (Ushiro-Seme)</b>				
Sotote-dori (direkt von hinten, gleiche Seite)	Hiji-gatame	- Oguruma		- Hiji-gime-nage
Katate-Kata-dori (wie oben)			- Nikajô-kime-osae	
Katate-Muna-dori				
Eri-dori	- Hiji-otoshi			
Kubi-jime				
Ryôte-dori	- Hineri-nage - Ude-garami	- Tai-azuke	- Aiki-nage	- Koshi-nage uchi+soto
Ryô-Kata-dori	- Ashi-kakae-otoshi	- Kata-aiki-nage	- Kakae-goshi	
Hagai-jime	- Aiki-nage			
<b>Zatori (Mae-Seme)</b>				
Uchi-te-dori (Katate-dori diagonal)	- Hiji-gime-Ippon-zeoi			
Soto-te-dori (Katate-dori gerade)	- Soto-nikajô-kime-osae	- Hineri-otoshi	- Tekubi-gime-modoshi	
Katate-Muna-dori		- Kubi-gatame		
Katate-Kata-dori				
Ryôte-dori	- Tekubi-gime-nage	- Kashiwade-soto-gime-nage	Gassho-nage	- Kakae-gime-nage

Ryôte-Muna-dori	- Kubi-hineri			
Shômen-uchi	- Kiri-otoshi	- Nodo-gime		
Muna-dori-Shômen-uchi			- Jûji-garami	
Hizadate-Shomen-uchi				Hiza-giri
Ryo-Yokomen-uchi	- Aiki-nage			
Tsuki	- Kubi-gime	- Yoko-otoshi (jôdan-zuki)		Hiji-otoshi-Yoko-nage
<b>Hanza-Handachi (Mae-Seme)</b>				
Sotote-dori (Gyaku-Hanmi)	- Kime-mawashi-otoshi			
Ryôte-dori	- Tsubasa-gaeshi (ushiro-aiki-nage)			
Katate-Kata-dori			Aiki-nage	
Ryô-Kata-dori	- Aiki-nage			
Shômen-uchi		- Ashi-gatame		
Tsuki	- Hiji-otoshi			
<b>Hanza-Handachi (Ushiro-Seme)</b>				
Katate-Maeri-dori		- Seoi-nage		
Ryôte-dori	- Aiki-nage		- Ude-gime-Aiki-nage	
Sotote-Maeri-dori				
Ryô-Kata-dori				- Aiki-nage
<b>Sonstige Techniken</b>				
<b>Futari-gake (2 Angreifer)</b>				
Ryô-Uchite-dori	- Ryô-Nikajô-gime	- Sayû-Kôsa-nage	- Ryô-Yonkajô-gime(-nage)	
Ryo-Sotote-dori	Ryô-Nikajô-gime			- Ude-garami
Uchite-Kata-dori (beide A. von vorne)	- Karami-otoshi	- Ryô-Hiji-gaeshi		
Ryô-Morote-dori (beide A. von vorne)	- Aiki-otoshi	- Hiki-Aiki-nage	- Ryô-Irimi-nage	- Aiki-kôhôte-shi
<b>San'nin-gake (3 Angreifer)</b>				

Ryô-Uchite-Kata-dori + Ryôte-Muna-dori					- Karami-Otoshi
<b>Tantô-dori</b>	Uchioroshi				
	Yokomen-uchi				
	Tsuki				
<b>Tachi-dori</b> - Shômen-uchi	- Ikkajô-kime-osae				
<b>Jô-dori</b> - Tsuki	- Jô-gaeshi-zuki	- Hikikomi-Nodo-zuki	- Kata-gime-nage - Ura-irimi-Nodo-zuki		- Yobi-modoshi
<b>Kaeshi-Waza</b>	Tsuki – Kotegaeshi – Ikkajô-kimeosae	Tsuki – Kotegaeshi - Kotegaeshi	Tsuki – Shihôgake - Shihônage		Tsuki – Shihônage – Hiji- gime-seoi-nage